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March 2023



Webinars & Events

Aspirin De-Prescribing and PPI Prescribing: Gastroprotection Among Patients Taking Oral Anticoagulants

Wednesday | April 26, 2023 | 12:00pm ET

11:00am CT | 10:00am MT | 9:00am PT

This webinar will focus on aspirin de-prescribing with PPI prescribing as an overall “gastroprotection” strategy for patients taking anticoagulants. There has been much work which supports aspirin de-prescribing as a strategy to reduce GI bleeding. Currently, there is limited data (no trials) for PPIs as primary prevention among anticoagulated patients, and no guideline recommendations to support. We will hear from two experts from the University of Michigan, who will share their expertise and insights.

Register Now!

Presenters



Jacob Kurlander, MD



Jordan Schaefer, MD FACP

Moderators



Arthur Allen, PharmD, CACP
VA Salt Lake City Health Care System



**Andrea Van Beek, RN, DNP,
AGPCNP-BC**
Visalia Medical Clinic/
Kaweah Delta Medical Foundation

Webinar Recording Now Available!

*Underprescribing of Oral Anticoagulation (OAC) and
Associated Outcomes for Patients with Atrial
Fibrillation (AF): A Call to Action*

Tuesday | February 28, 2023 | 12:00pm EST

Presenters:

Naomi Yates, PharmD, BCACP | Julia Mulheman, PharmD, CACP | Sara Vazquez,
PharmD, BCPS, CACP

Under-Prescribing of Oral Anticoagulation and Associated Outcomes for Patients with Atrial Fibrillation: A Call to Action

February 28, 2023

Faculty:

Naomi Yates, PharmD, BCACP
Julia Mulheman, PharmD, CACP
Sara Vazquez, PharmD, BCPS, CACP

1.0 hours of enduring **ETHICS** CE available for physicians, nurses, pharmacists, and pharmacy technicians!

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National Conference

**17th National Conference on
Anticoagulation Therapy**
April 1-3, 2023

Count Down - 17 Days Until Our National Conference!

[Register Now!](#)

Engage with 34 subject matter experts!

Take advantage of the opportunity to directly engage with 34 amazing speakers and leaders in the field of anticoagulation!

Discover 85+ abstracts!

Our conference features over 85 abstracts - our largest number yet! Topics include anticoagulation clinic models of care, quality improvements, special populations, and more!

Learn the Specialist Perspective!

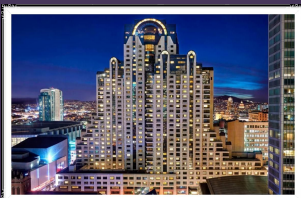
We are proud to welcome four specialist speakers to our 2023 National Conference! Learn the specialist perspective from a vascular surgeon, neurologist, gastroenterologist, and neurosurgeon!

Earn 16 hours of CE!

We are pleased to offer 16 hours of CE for pharmacists, pharmacy technicians, physicians, and nurses!

[View the Agenda](#)

[Meet Our Speakers](#)



Don't forget to book your room at the San Francisco Marriott Marquis for a \$100 registration discount!

[Reserve Your Room!](#)



News & Updates

Meet the Anticoagulation Forum Pharmacy Interns!

In January 2022 the AC Forum initiated a new Pharmacy Intern Program, a voluntary, longitudinal, non-credit-bearing opportunity that exposes students to the world of anticoagulation and advances key projects for ACF. The interns contribute several hours a week remotely throughout the calendar year under the oversight of Darren Triller, AC Forum's Director of Strategic Initiatives.

Lauren Inglis, P4

Albany College of Pharmacy and Health Sciences (Senior Intern)



As ACF's first intern, Lauren set a high bar for others that follow, contributing to the creation and maintenance of the biweekly [Literature Update](#), leading the creation of several Anticoagulation Stewardship [Advocacy Documents](#), and serving as lead author for the [JACCP manuscript](#) on the new PGY2 in Thrombosis and Hemostasis Management. She is currently enrolled in the ASHP residency match program and hopes to ultimately practice clinically in anticoagulation in some capacity. We are extremely grateful for her contributions to Anticoagulation Stewardship and the profession of pharmacy, and we wish her great success after graduation this May.



Morgan Gerber, P3

Albany College of Pharmacy and Health Sciences

Morgan joined the AC Forum this January and is already contributing substantively to the work of the organization. She has taken over routine maintenance of the Literature Update site and has developed an informative slide deck promoting the new PGY2 in Thrombosis and Hemostasis Management to P1-4 student pharmacists and PGY1s. She is also conducting market research of residency-focused coursework and student organizations available at colleges in proximity to new [TRAIN THM residency sites](#) to support future engagement and recruitment opportunities for THM Residency Program Directors.



Han Jeong, P2

Albany College of Pharmacy and Health Sciences

Han joined the AC Forum this January and is also contributing meaningfully to the work of the organization. In recent months we have received inquiries about the AC Forum and Anticoagulation Stewardship from countries around the world. Han has begun organizing information regarding these contacts and will be supporting the work of our new International Anticoagulation Stewardship Subcommittee in the months to come.

Education & Guidance

New Order Set


Reversal & Hemostatic Therapies for DOAC-related, Life-Threatening Bleeding

Authors:

Ronni Nemeth, PharmD, CACP, DPLA | Scott Kaatz, DO, MSc | Kyle DeWitt, PharmD, BCPS | Deb Siegal, MD, MSc, FRCPC

This content was developed independently by the Anticoagulation Forum. Support for this project provided by AstraZeneca.

[Download the Order Set](#)



Anticoagulation
FORUM

PATIENT INFORMATION

Document aligns on approved form and ensure medication reconciliation has been reviewed as per organizational process

Reversal & Hemostatic Therapies for DOAC-related, Life-Threatening Bleeding	ADMIN
Administration <small>DOCUMENT PURPOSE:</small> This order set is intended for use in patients with life-threatening bleeding while receiving a direct-oral anticoagulant (DOAC) in whom clinically significant levels of DOAC are confirmed or suspected and for whom the decision to reverse anticoagulation has been made in addition to supportive measures. This order set is not intended for use for patients with mild bleeding or for emergent surgery/procedures.	
<small>DECISION SUPPORT^{1,2}:</small> <div style="text-align: center;"> <div style="background-color: #f08080; padding: 5px; margin-bottom: 5px;">DOAC-related, life-threatening bleeding</div> <div style="background-color: #f08080; padding: 5px; margin-bottom: 5px;">Stop DOAC Initiate appropriate measures to control bleeding</div> <div style="background-color: #f08080; padding: 5px; margin-bottom: 5px;">Administer suggested reversal/hemostatic agent to control bleeding and stabilize patient</div> </div>	
Lab Monitoring³ <small>ALL PATIENTS:</small> <input type="checkbox"/> Complete blood count (CBC) <input type="checkbox"/> Metabolic panel including liver and kidney function <input type="checkbox"/> Type and screen, crossmatch <input type="checkbox"/> Prothrombin time/International Normalized Ratio (PT/INR) <input type="checkbox"/> activated Partial Thromboplastin Time (aPTT)	
<small>*Do not delay administration of reversal agents for life-threatening bleeding while waiting for lab results</small>	
<small>Submitted by:</small> <small>Practitioner:</small>	<small>Real Back</small> <small>SIGNATURE</small>

For Reference Only
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Reversal & Hemostatic Therapies for DOAC-related, Life-Threatening Bleeding Page 2 of 8

In general, people from minority groups have:



Higher stroke risk

Longer ER wait times

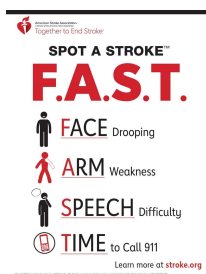
Prolonged time to Treatment



Decreased treatment with TPA or MT

Lower EMS utilization

Fewer referrals to endovascular-capable centers



What can we do?

- Educate patients on stroke symptom recognition
- Implement programs to build trust in the healthcare system
- Engage institutions to improve stroke readiness

References:

[Stroke 2022;53:670–679](#)
[American Stroke Association](#)

Recommended Education:

Podcast: [“Seeing R.E.D” Racial and Ethnic Disparities in Cardiovascular Disease State Medication \(audacy.com\)](#)

Aleesha Jantzen, PharmD describes social determinants of health that impact management of cardiovascular disease states, recognizes racial/ethnic disparities in management of atrial fibrillation, myocardial infection, hypertension, and heart failure, and identifies pharmacist interventions to minimize racial/ethnic disparities in cardiovascular disease state management.

Article: [Race-Ethnic Disparities in Rates of Declination of Thrombolysis for Stroke](#)

Dr. Scott Mendelson discusses racial and ethnic disparities in the rates of declination of thrombolysis in patients with acute ischemic stroke.

[Learn more about how the AC Forum is addressing health disparities](#)

Interested in joining the committee? Email info@acforum.org to learn more!



From Our Leadership

Board Member Spotlight

Deb Siegal, MD, MSc, FRCPC



Hematologist
University of Ottawa

Associate Scientist, Clinical Epidemiology Program
Ottawa Hospital Research Institute

How did you become interested in the field of anticoagulation?

I considered other specialties during my training but landed on hematology due to its breadth and complexity and also the wonderful patients who I was privileged to help along the way. In the field of anticoagulation, we help patients, caregivers, and other healthcare providers understand and navigate decisions about the best treatment for individual patients. This kind of shared decision-making that aims to balance benefits and harms is fairly unique to our specialty and highly rewarding.

Do you have an ultimate career goal?

I am fortunate to work with an amazing group of kind, intelligent, and supportive colleagues seeing patients and conducting clinical research (i.e. already have my dream job).

Do you have any hobbies? If not, how do you like to spend your free time?

Is food a hobby? I enjoy cooking and dining out at great restaurants. I love visiting and exploring new places around the world. A couch potato at heart, I admit to binge-watching TV (only occasionally, of course), but enjoy cuddling my 3 dogs the most. I have unexpected happiness from spending time outside during the Ottawa winter (i.e. even down to -30C) including my daily walk to work.



Do you have any pets?

Three dogs! Charlie. Ollie and Luna

What is your favorite family tradition?

During the pandemic we started having family dinners over Zoom to stay in touch while far apart that started with an unusual Passover seder.

If you could meet any celebrity, who would it be and what would you do?

Although I am not particularly "star struck", I would definitely appreciate an opportunity to meet Margaret Atwood, famed Canadian author and visionary who I have admired since my 20s.

Aside from necessities, what one thing could you not go a day without?

Hug from the pups

Is there anything you wish would come back in fashion?

Apparently, I am already quite out of fashion in general with side-part in my hair and wardrobe full of skinny jeans (which I can't/won't give up).

What is the most daring thing you've done? (I.e., your craziest adventure)

I quit my PhD in neuroscience in 2002. One of the most difficult but best decisions of my life. After temping for a nephrologist and working as a research coordinator, I went to medical school at age 29.

Anything else you'd like to share?

I'm grateful for the opportunity to work with amazing colleagues at AC Forum, a truly remarkable organization.



| Supporting Our Partners



PUBLIC HEALTH WEBINAR SERIES ON BLOOD DISORDERS

BRINGING SCIENCE INTO PRACTICE

The Division of Blood Disorders is proud to offer this webinar series, providing evidence-based information on new research, emerging issues of interest in blood disorders, as well as innovative approaches to collaboration.

Key Findings from Recent Investigator-Initiated Multicenter Trials in Pediatric Venous Thromboembolism Treatment and Prevention: Kids-DOTT and COVAC-TP

Thursday | March 23, 2023 | 2:00pm - 3:00pm

Join Drs. Neil Goldenberg, MD, PhD, and Anthony Sochet, MD, MHS, for a discussion on key aspects of VTE in children, including incidence, risk factors, and outcomes, as well as critical knowledge gaps in optimal treatment and prevention. They will then summarize the design and findings of two recently published investigator-initiated clinical trials of VTE treatment (Kids-DOTT phase 3 multinational trial on duration of anticoagulation in patients younger than 21 years old with provoked VTE) and prevention (COVAC-TP, U.S. national phase 2 on pharmacological thromboprophylaxis in children hospitalized for COVID-19-related illness, including multisystem inflammatory syndrome in children). Lastly, they will outline key questions for future research.

This webinar is free and open to public health professionals, clinicians, and researchers who desire more information about venous thromboembolism.

Moderated by Julie Jaffray, MD, Rady Children's Hospital.

Learn More & Register

For more information please contact Cynthia Sayers at cay1@cdc.gov



The Agency for Healthcare Research and Quality (AHRQ) awarded funding for a CNTR conference, titled Summit on the Advancement of Focused Equity Research in Trauma (SAFER-Trauma). The goal of the summit is to help the trauma research

S A F E R

Summit on the
Advancement of
Focused
Equity
Research in
TRAUMA

August 2-3, 2023
Chicago, IL

community identify and characterize current gaps in trauma health disparities research, define funding mechanisms and pathways for collaboration, and outline a research agenda targeted at reducing and eliminating health disparities in trauma care.

[Learn More](#)

[Register](#)

Early-Stage Investigator Travel Award Application

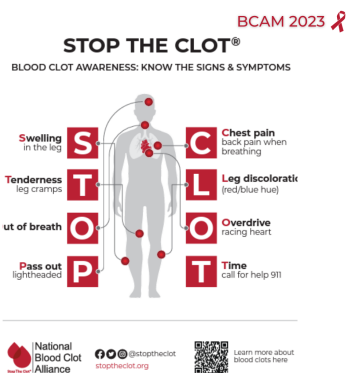
In an effort to grow the pipeline of a diverse group of investigators and spur new grant applications, early-stage investigators interested in equity, diversity, and inclusion (EDI) in trauma are encouraged to apply for a travel award to cover the cost of airfare, meals, and lodging (up to \$1,500). Registration fees will also be covered. Up to four awards will be granted, depending on budget and space considerations.

[Learn More & Apply](#)



March is Blood Clot Awareness Month!

Join the National Blood Clot Alliance in the fight to spread awareness during Blood Clot Awareness Month by downloading this blood clot signs and symptoms poster and , as well as a risk checklist, and distributing them across your local community. Helping others identify the signs and symptoms of blood clots could be life-saving!



[Acronym Poster](#)

[Risk Checklist](#)

no time to wait



Basketball Legend Kareem Abdul-Jabbar Shares His AFib Diagnosis Story

Kareem Abdul-Jabbar has teamed up with Bristol Myers Squibb and Pfizer to share his atrial fibrillation (AFib) diagnosis story as part of the *No Time to Wait* campaign. Like many other AFib patients, Kareem knows how easy it can be to dismiss AFib symptoms, especially when your symptoms come and go. He initially ignored his symptoms and ended up in the hospital where he was ultimately diagnosed with the disease.

Symptoms like irregular heartbeat, heart racing, chest pain, shortness of breath, fatigue or light-headedness can be indicative of AFib, the most common type of irregular heartbeat. Unfortunately, symptoms of AFib are sometimes dismissed or ignored, leaving some individuals at risk for potentially serious health complications, such as an increased risk of AFib-related stroke. Only a healthcare professional can determine whether these symptoms indicate AFib or another condition.

Doctors have options that can help reduce the risk of stroke associated with AFib. Kareem hopes others will learn from his story and speak with a healthcare professional if they're experiencing symptoms. Seeking timely medical attention may help reduce the chance of AFib leading to something more serious, like stroke.

For more information and to watch Kareem's full story, visit <https://www.notimetowait.com>.

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**Want to know how you or your organization can partner with the Anticoagulation Forum?
Email us at info@acforum.org**

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